



*(ILD) HEARTHROB
PROGRAM*



Hearthrob

RULES

WHAT DOES AN (ILD) CITY HEARTHROB DO?

The (ILD) **City Hearthrob** isn't just a title — it's a calling. This standout performer becomes **the face of their city's (ILD) event**, embodying the spirit, energy, and excellence that defines the **48 years (ILD) legacy**. Exudes the values of the (ILD) I Love Dance brand — **Integrity, Love, Dignity**.



Represent Your City with Pride

You're not just dancing for yourself — you're carrying the rhythm, culture, and creativity of your hometown onto the national stage.



Lead by Example

Whether backstage or center stage, you model professionalism, kindness, and community. You uplift others, inspire peers, and show what it means to be a true artist and leader.



Engage with the ILD Community

From interacting with judges and staff to cheering on fellow dancers, you're a connector — building bridges and making memories that last far beyond the stage.



Compete at Nationals in Las Vegas

As a City Hearthrob, you'll advance to the (ILD) Nationals in Las Vegas, where you'll represent your city in the ultimate Hearthrob showdown — a high-energy, high-impact competition against **22** other (ILD) City Winners from across the country.



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WHAT DOES A (ILD) CITY HEARTHROB WIN?

Being crowned a **(ILD) City Hearthrob** comes with prestige — and powerful perks:



Official City Title Jacket

A custom, exclusive jacket that marks you as the face of your city's (ILD) event — a wearable symbol of your artistry, leadership, and excellence.



Summer Intensive Training Scholarship

Access elite-level training to sharpen your skills, expand your artistry, and connect with top choreographers and mentors in the industry.



National Stage Spotlight

Compete at (ILD) Nationals in Las Vegas for the chance to be crowned the National Hearthrob Winner — a title that brings national recognition, performance opportunities, and a legacy of excellence.



Bragging Rights & Bout Victory

Win the Hearthrob Bout at Nationals and claim your place as the top representative of (ILD)'s "2026 Tour Season."



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WHO IS ELIGIBLE TO COMPETE FOR (ILD) CITY HEARTHROB?

Hearthrob title contender, dancers must:

- Be between the ages of 12–17 at the time of their city's event.
- Attend and compete at (ILD) Nationals in Las Vegas if selected.

HOW IS THE ILD CITY HEARTHROB SELECTED?

Selection is based on a comprehensive evaluation from 3 key perspectives. Together, these insights form a holistic view of each participant's journey—The Hearthrob winner is a standout performer, and a magnetic force who inspires others and leaves a lasting impression on everyone involved.



(ILD) Judges:

Assess performance quality, stage presence, audience engagement, and overall impact during the showcase.



Workshop Instructors:

Evaluate attitude, growth, collaboration, and energy throughout rehearsals and training sessions.



Show Director:

Considers leadership, adaptability, and the ability to elevate the production through both artistry and professionalism.



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WHAT VALUES DOES AN ILD HEARTHROB EMBODY?

- Represent the city's energy and artistry with pride.
- Embody the (ILD) "I Love Dance" spirit – passion, positivity, and performance power.
- Show genuine connection to audience and judges through charisma and stage presence.
- Demonstrate professionalism, kindness, and sportsmanship throughout the event.



Performance Excellence

- Performs with technical precision and clean execution.
- Shows strong musicality and phrasing that complements choreography.
- Displays versatility (can excel across genres – jazz, lyrical, contemporary, etc.).
- Uses expression and storytelling to make choreography feel alive.
- Demonstrates confidence and control in both solo and group work.



Artistry & Style

- Brings a distinct personal style that stands out onstage.
- Has a commanding presence — the audience feels drawn in.
- Reflects creativity and authenticity in movement and interpretation.
- Shows awareness of costume, music, and concept cohesion.



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Leadership & Character

- Encourages and uplifts peers backstage and in rehearsal.
- Shows maturity, humility, and gratitude during the competition weekend.
- Engages positively with staff, judges, and other studios.
- Displays commitment and preparation — arrives ready and polished.
- Reflects the values of the I Love Dance (ILD) brand — **Integrity, Love, Dignity.**

***HOW DO I ENTER
FOR MY (ILD) CITY'S
HEARTHROB?***

Entry Fee: \$50

- Must be registered dancer in an entry with a competitive studio participating that weekend.
- **Apply directly on the (ILD) website** during the registration window.
- Registration Opens: 45 days before the show date
- Be sure to apply early—spots and scholarships are limited!





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HOW DO I APPLY FOR A HEARTHROB SCHOLARSHIP?



If cost is a barrier, you can apply for a **Hearthrob Entry Scholarship** by submitting a heartfelt letter to the (ILD) Director - ilovedancegr@gmail.com

- Your letter should explain:
 - Why you deserve this opportunity
 - How you embody the spirit of (ILD)
 - What impact you hope to make through your performance
- Submit the Scholarship Application Form online via the (ILD) website.

Both steps must be completed during the registration window.

ADDITIONAL (ILD) CITY HEARTHROB QUESTIONS?

IL-DANCEBOUTIQUE.COM

2026 TOUR
REGISTRATION NOW OPEN!

